Summertime provides so many opportunities for fun, learning, meeting people, and exploring new places and things to do. We also want you to be safe when you’re around wildlife, dangerous places, or the myriad situations that can arise and present challenges or even threats to our safety. We’d love to hear your comments and ideas on how to stay safe on the water, on the trails, hiking, biking, running, and enjoying our parks, trails and Colorado’s great outdoors. Send them in!

Be Prepared for a Wildfire

As the weather warms, wildfires are more likely to blaze through both forests and communities. That's why May is National Wildfire Awareness Month.

Now is the time to prepare. Take these steps to be ready before the first fire sparks:

- Create a fire-resistant zone that is free of leaves, debris, or flammable materials at least 30 feet from your home.
- Find an outdoor water source with a hose that can reach any area of your property.
- Learn your evacuation routes, practice with household members and pets, and identify where you will go.
- Have enough supplies for your household, including a first aid kit, in your go bag or car trunk.
Follow instructions from your local authorities. They will provide the latest recommendations and appropriate safety measures based on the specific threat to your community.

Learn more about preparing for and evacuating from a wildfire at Ready.gov/wildfires. Additional information is available at FEMA’s Protective Actions website and the U.S. Fire Administration.

From FEMA’s:

![Individual and Community Preparedness Newsletter]

Pocket Cards for Ready Reference

Our hope is that all employees at Colorado State know basic lifesaving skills and how to use an AED (automated external defibrillator) for heart attacks. You know to survey the scene for danger, to have a specific person call 911, to have a specific person meet the ambulance staff at the nearest door, and how to hold a ‘head and heart’ debrief when a medical emergency impacts your workplace. Here are a few basic pocket resources for other emergencies. If you haven’t had training, readily available from campus and community resources, get it!

Be aware, know what to look for, and be ready to respond. You are the first responder until professional help arrives, whether at work, at home, or while shopping or in any of the life activities we all pursue. Design and share pocket resources (or put them on your mobile device) with colleagues, with family and friends, or just for your own safety. Thank you for being ready!

PRACTICE SCRIPTING YOUR RESPONSES

Identify the ‘Baseline’ of the location and people (What’s Normal?)

Imagine problem situations where you are

Observe your environment (4 “E”s)

Observe people, especially those paying attention to you

Consider the things in the area (could I hide? Would it protect me?)

Does anything/anything feel “off”? (ANOMALIES or Threats?)

Think through! What would I do if?

Share this practice with others
**HOW TO RESPOND**

**WHEN AN ACTIVE SHOOTER IS IN YOUR VICINITY**

1. **Evacuate**
   - Have an escape route and plan in mind
   - Leave your belongings behind
   - Keep your hands visible

2. **Hide Out**
   - Hide in an area out of the active shooter’s view
   - Block entry to your hiding place and lock the doors
   - Silence your cell phone and/or pager

3. **Take Action**
   - As a last resort and only when your life is in imminent danger
   - Attempt to incapacitate the active shooter
   - Act with physical aggression and throw items at the active shooter

**CALL 911 WHEN IT IS SAFE TO DO SO**

**HOW TO RESPOND**

**WHEN LAW ENFORCEMENT ARRIVES**

- Remain calm and follow officers’ instructions
- Put down any items in your hands (i.e., bags, jacket)
- Immediately raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as attempting to hold on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask officers for help or direction when evacuating

**INFORMATION**

**YOU SHOULD PROVIDE TO LAW ENFORCEMENT OR 911 OPERATOR**

- Location of the active shooter
- Number of shooters
- Physical description of shooters
- Number and type of weapons held by shooters
- Number of potential victims at the location

**COPING**

**WITH AN ACTIVE SHOOTER SITUATION**

- Be aware of your environment and any possible dangers
- Take note of the two nearest exits in any facility you visit
- If you are in an office, stay there and secure the door
- Attempt to take the active shooter down as a last resort

**PROFILE**

**OF AN ACTIVE SHOOTER**

An active shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area, typically through the use of firearms.

**CHARACTERISTICS**

**OF AN ACTIVE SHOOTER SITUATION**

- Victims are selected at random
- The event is unpredictable and evolves quickly
- Law enforcement is usually required to end an active shooter situation

Contact your building management or human resources department for more information and training on active shooter response in your workplace.

**CALL 911 WHEN IT IS SAFE TO DO SO**
For any Emergency

Quickly Determine WHAT is happening and WHERE

Take a Controlling Deep Breath

Consider ESCAPE ROUTES and OPTIONS to respond

MAKE A DECISION AND TAKE ACTION!

Help others if possible and safe to do.

KEEP SCANNING FOR THREATS AND DANGERS AS YOU ACT

Of course, you can make similar pocket resources for yourselves depending on your daily operations or risks at work. Please remember to have several resources for emergency available in your cell phone also. When “It” hits the fan, an easy, quick source of information is always beneficial. Stay aware! Stay safe!

Bob

More Summer Safety Resources

https://csp.colorado.gov/summer-safety-in-colorado
https://www.childrenscolorado.org/conditions-and-advice/parenting/parenting-articles/summer-safety-risks/
https://thecoloradostore.co/summer-safety-tips-for-colorado-adventures/
https://healthonecares.com/blog/entry/enjoy-the-colorado-summer-with-safety-tips-from-our-experts

A Little Humor in the Preparedness World

Here’s a short activity you can do during a staff meeting to introduce the topic of readiness in a light and easy way. You could even use this with your family once in a while to discuss those ‘what would we do if’ situations. Click on the interactive video in the second heading and have some fun learning with your staff or with your family.

There is also a situation to review and help from the experts that could stimulate discussion at a staff meeting “Two Minute Training”.

A Farewell Thank You

After nearly 18 years of learning readiness skills with all of you, it’s time to ‘hang up my spurs’ and retire again at the end of July. I have thoroughly enjoyed getting to know you all and watching you learn and teach each other in classes. I’ve been very impressed with the follow through many of you have made in updating your readiness plans, training your colleagues and practicing your plans, and with your heart for safety and readiness and for continual learning and improvement for yourselves and for our campus community.

I hope we have built some relationships with responders, with campus experts, with each other, and that you all have skills and resources now for the benefit of your departments, yourselves, and your families to maintain awareness, call the right people at the right time, and to take care of each other. *You make CSU a community that cares to be prepared.*

I’m comfortable that you are all in good hands, having an active and professional police department with Chief Jay Callaghan leading to ever higher standards of professionalism and solid connections with our community. Your Building Proctors and all our colleagues in Facilities, Environmental Health, Technology, Safety Assessment, the Health Network, and Emergency Management; and now having an assistant vice president of Safety and Risk who is ever moving forward on reducing risk - all are dedicated to student and employee safety, and effective prevention and response, on our campus and in our community. I know that the Readiness Training Team will suffer little from my departure as we have a solid team of creative and intelligent instructors for the future and an ever-improving program.

Here’s to the future as you continue to grow in critical life skills and share your knowledge about readiness and responding to emergencies with others. Parents depend on us to be vigilant and prepared to care for their students and you’re getting better at that by the day.

Thank you all for your support and your encouragement through the years, and for just being the caring people you are. Your future is bright! Care and be prepared.

Thank you!

Bob

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We will offer summer readiness classes through July from Talent Development as usual. Check the catalog for dates and times when it comes out.

A few of you have mentioned an interest in submitting short articles for the Ready News and I’m hoping that you can get them in by June 10 so we can get them in the final edition that I will publish for July/August of this year. I look forward to sharing your ideas in that final edition! Thank you

Bob
Ready Colorado State Newsletter is published six times each year – January, March, May, July, September, and November and distributed to subscribers. It includes information from Building Proctors, university staff and faculty, from businesses and professional groups and publications, government sources, and from other campuses throughout Colorado and Wyoming. These articles are researched and compiled by your Ready CSU Training Team, a university wide coalition of peers concerned about preparedness, safety, and YOU the readers.

Check with your proctor to see what’s up in readiness here at CSU! Better yet, tell coworkers they can also subscribe to the newsletter at:

https://lists.colostate.edu/cgi-bin/mailman/listinfo/ready_csu_newsletter

This publication is intended to serve YOU, the folks who serve our students: if you have information that may be included here for the benefit of your colleagues, please send it to Bob Chaffee at Talent Development at this email address:

bchaffee@colostate.edu