Notice and Respond Training Coming Soon!

Talent Development offers a broad range of personal and professional development opportunities. One of the classes in the Spring 2023 course catalog that seems well related to readiness is offered by Janelle Patrias. I highly encourage you to consider this class. Bob

**NOTICE AND RESPOND: ASSISTING PERSONS IN DISTRESS**

**Class date:** 4/4/2023 – 1:00 p.m. to 3:00 p.m.  **in person**  
**Length of class:** 2 hours

**Lory Student Center**

**Instructor:** Janelle Patrias, Manager of Mental Health Initiatives

**Category and/or theme:** Elective/Interpersonal Skills

Grounded in the belief that “all learning has an emotional base,” Notice and Respond workshops reveal not only the dynamics of mental health situations, but also the undercurrents of human interaction around mental health situations. This interactive workshop uses a combination of learning modalities to learn how to recognize and respond to a range of mental health issues including suicide. Participants can expect to observe a realistic filmed scenario of a conversation with a distressed individual and engage in self-reflection and dialog in order to overcome fears, judgments, and hesitations to improve competence and confidence in helping situations. The session will also help participants explore how a mental health challenge can impact team dynamics, learn about response options they can use in their settings, including the supervisory role, and become familiar with campus resources available for all CSU community members. [Register for Notice and Respond: Assisting Persons in Distress in My Learning](#)
Another course which may be beneficial to personal and work-related skill development is offered this spring also. While this one has a related cost for materials, it has proven beneficial to those who’ve attended. Here’s the offering:

**CRUCIAL CONVERSATIONS** *(Four-part workshop)*

Four-part training, all dates are required: 4/6, 4/13, 4/20, and 4/27 1 to 4:30 p.m.

**Length of class:** Four 3.5-hour sessions, 14 hours total

**Instructor:** Marsha Benedetti

**Category and/or theme:** Elective/Interpersonal Skills

Crucial Conversations is a 14-hour course that teaches skills for creating alignment and agreement by fostering open dialogue around high-stakes, emotional, or risky topics - at all levels of the organization. By learning how to speak and be heard (and encouraging others to do the same), you will begin to surface the best ideas, make better decisions, and then move to action to achieve better outcomes on your decisions with unity and commitment.

*To cover the cost of class materials, a fee of $233 is required prior to March 23. More information on payment by internal order in Kuali is provided upon registration. [Register for Crucial Conversations in My Learning](https://training.colostate.edu/media/sites/123/2022/08/Late-Spring-2023-Talent-Development-Training-Catalog.pdf).

*Thanks to Nakia Lilly of Talent Development for this submission!*

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**BUILDING HEALTH AND SAFETY INSPECTIONS**

Submitted by Eric March, Safety & Industrial Hygiene Administrator

**Building Health and Safety** is a division of Environmental Health Services (EHS) at Colorado State University.

**Goals of the Program:**

- Provide a safe environment in CSU buildings for all individuals. Reduction of University losses and liability.
- Assist and educate CSU personnel, students, vendors, and contractors regarding building safety issues.
- Provide resources for individuals seeking information regarding the EHS Building Health and Safety Inspection Program, and other building safety issues.
CSU Environmental Health Services conducts random health and safety (H&S) inspections in campus buildings within a yearly repeating cycle. Again, majority of inspections are random. However, proctors (and/or PI’s, users) will be contacted in advance when necessary, regarding restricted or limited entry labs or areas such as BSL or highly secured rooms. Each building’s proctors will be emailed a copy of the H&S report after field inspections are compiled and completed. Proctors will review and distribute the reports to affected building areas and personnel to facilitate necessary corrections in the subject buildings and areas. The first page of the report details how to use the interactive EHS web page to input information regarding any corrections or remediation of deficiencies or violations listed in the report. Hazard ratings are assigned to deficiencies according to the relative level of danger or health threat that they may pose. Most listed deficiencies within the report are categorized, reported, and listed due to violation of codes, regulations, or policies.

**Program responsibilities:** Inspect nearly every space in over 100 campus buildings within an annual cycle; assist with creation and maintenance of proctor and occupant training and communications regarding the H&S program; manage and update EHS data base, enter data, create reports, distribute reports, advise and follow-up with proctors, occupants, and Facilities Management; violation and deficiency investigations, discovering and forecasting occupational and general hazards, continual enforcement of compliance and regulatory items pertaining to but not limited to Occupational Safety and Health Administration, International Fire Code, Uniform Fire Code, National Fire Protection Association, International Building Code with regards to the site inspections and other random safety issues.

**Laboratory Chemical Fume Hood Safety & Certification Program:**

Inspection and certification of ~800 fume hoods on campus (with many more laboratories/fume hoods scheduled in future); enter and process hood field data; advise and follow up with users and proctors regarding safety and compliance (American Society of Heating, Refrigerating and Air-Conditioning Engineers, National Fire Protection Association, American National Standards Institute, American Society for Testing and Materials, OSHA); review, create, and specify equipment standards and operational parameters for all fume hood installations and their use; EHS creates and reviews maintenance and repair work orders for non-compliant fume hoods. Proctors will be contacted by EHS and/or Facilities Management regarding any scheduled shut-downs or maintenance of fume hoods and their associated systems. Proctors play a vital role in distributing information related to fume hoods and their associated systems with PI’s and users when necessary.

Environmental Health Services also offers a number of safety trainings at:

[Safety Training Class Registration and Online Training Portal (colostate.edu)](colostate.edu)

*Contact Eric if you have any questions and thanks Eric for a solid update!*
What’s in your space?

Every day we go to and from work, we go in and out of our homes, and don’t pay much attention to the furniture, to the outside of the building, to the lighting and so on. If you came into work and there was a light out, would you notice? If a piece of furniture was removed, would you recognize its absence?

I propose these questions because things might have happened while you were away and need to be addressed. Was a door left propped open for reasons you were not made aware? Always remember you can call our non-emergency phone number (970) 491-6425 if you need assistance in handling anything of this nature.

The same goes for your home. When you get home, are you aware enough of the normal functions in/around your home? Is the garage door cracked open when it shouldn’t be? Is there something different about the cars parked on your street? You can contact your local police department’s non-emergency line to have them investigate the circumstances.

This covers the ‘odd’ things we might encounter at home and work, now let’s discuss safety audits. Are all of your exits free and clear of ‘stuff”? Are there chairs or boxes piled up near an exit door or a window, that potentially could be used to escape in an emergency situation? At home, is there laundry piled up in front of your garage access door? Are there boxes and backpacks piled up near a main exit that could become a trip hazard if you or your family needed to exit quickly?

It doesn’t take too long to take a quick look at your space at home and at work to make sure all exits are safe and accessible and that the building is in proper working order.

Kacie Thielman, Community Outreach Officer | SEU [Support and Events Unit]

As always Kacie, thanks for a very informative and helpful article! Bob
What is Identity Theft?  

Identity theft and identity fraud refer to crimes in which someone wrongfully obtains and uses another individual's personal identifying information in a way that involves fraud or deception, typically for economic gain.

Identity theft can cause far more damage than the loss of money or ruined credit. Following identity theft, victims may face challenges obtaining employment or housing due to the negative financial consequences of identity theft. Victims of identity theft can also suffer significant emotional and physical stress due to the crime.

How big a problem is identity theft?

A report from the Bureau of Justice Statistics states that an estimated 23 million U.S. residents aged 16 or older reported being victims of identity theft in 2018. For 90% of these victims, the crime involved the misuse or attempted misuse of at least one type of existing account, such as a credit card or bank account. Victims reported more than $15 billion in financial losses due to identity theft in 2018.

However, because many such crimes are never reported to law enforcement, the full extent of identity theft can be challenging to measure. Only an estimated 7% of identity theft victims in 2018 reported the crime to police. Instead, most victims (88%) contacted a credit card company or bank about the crime. Most victims said they didn’t report the crime to police because it was handled in another way, most often by contacting their financial institution.

Older individuals are particularly vulnerable to identity theft crimes. In the fiscal year 2019, identity theft, fraud, and financial crimes were the second most common type of victimization reported by older victims.

What is Office of Justice Programs (OJP) doing to help victims of identity theft?

Supported by the Office for Victims of Crime (OVC), the Identity Theft Resource Center (ITRC) provides free identity crime advice and victim assistance. The ITRC provides tips and strategies for preventing personal and business identity theft and offers live, direct identity crime advice and victim assistance at no cost. In FY 2022, OVC awarded $2 Million to the
ITRC to enhance and expand its national hotline operations, allowing it to respond to new threats and challenges for identity theft and cybercrime victims.

If you believe you are a victim of identity theft, contact the ITRC hotline at 888-400-5530 or through their chat feature. The Federal Trade Commission’s IdentityTheft.gov website can also help you report and recover from identity theft.

OJP also helps victims of identity theft service providers

The Identity Theft and Fraud Research Report from the Center for Victim Research provides an overview of the current state of identity theft based on research and practical experience. It aims to help victim service providers identify areas for improvement in addressing identity fraud and other forms of victimization.

Additionally, Office for Victims of Crime (OVC) offers a free, self-paced online training program to help service providers serve victims of identity theft and assist with their financial and emotional recovery.

For victim service providers, understanding the varied needs of identity theft victims is an important step in improving responses to them. Developed with support from OVC, the 2020 NITVAN Identity Theft Coalition Building Toolkit supports victim service providers and others in addressing the rights and needs of identity theft victims.

Identity theft impacts more and more people and youth every day. Please be careful on-line and know who you’re responding to and who you share any personal information with. “Better safe than sorry” truly applies here! Bob
Our Readiness Training Team

Dwight Burke of Support and Safety Assessment has been with us for several years presenting a class on identifying risk behaviors and what to do when they’re recognized.

Amy Ouska of Facilities Management has taken Lori Barker’s place in presenting classes on building proctors’ role and responsibilities. She is a liaison between Facilities Management and proctors and maintains contact information for our Building Proctor Program, resources like the Proctor Manual, and can answer most questions proctors may have.

Ken Quintana, our Emergency Manager has been part of presentations about the university emergency management plan and how to develop plans for buildings and the departments in them while complying with the university guidelines.

Officer Kacie Thielman has taken over the CSUPD portions of training on emergency responses, 911 calls, and personal safety portions of the classes we present.

This team has grown and changed over the 18 years we have been doing this training. Other CSU employees have been a big part of the training experience and I offer my thanks to Anthonie Rose and Derek Smith of Colorado State University Police Department; to Steve Lovaas, our Cybersecurity and Information Privacy officer for teaching on IT issues; thanks to Sandy Sheahan and Lori Barker of Facilities Management for years of teaching with the team in the beginning and Stacey Baumgarn for presenting on sustainability programs; to Sarah Barrett who has been my back up instructor; to Jim Graham, Director of Environmental Health Services for helping lay the foundation for the program; and to all those proctors and others who have submitted articles for the Ready CSU Bulletin over time. I thank you all! Bob

Congratulations to Certificate Recipients

Talent Development issues ‘Focus Certificates’ to employees who complete a required number of courses in professional and supervisory development and in emergency readiness.

The Focus Certificates are automatically marked as complete and generate a certificate in Bridge for the learner once they have been marked attended for the three required classes. We had several people complete certificates in Proctor Development and Readiness Training classes this last year.

We congratulate the five people who completed the Emergency Readiness certificate: Corey Martin, Evelyn Palma, Ben Reynolds, Andy Runyan, and Libby Skowron.

Also the ten who completed the Building Proctor Readiness certificate: Susi Bennett, Morgan Drake, Jacoby Grisso, Valerie Lewis, Kristy Millsapps, Evelyn Palma, Michelle Riesel, Andy Runyan, Libby Skowron, and Alexander Van Every.

Thank you all for helping keep our campus prepared!
Ready Colorado State Newsletter is published six times each year – January, March, May, July, September, and November and distributed to subscribers. It includes information from Building Proctors, university staff and faculty, from businesses and professional groups and publications, government sources, and from other campuses throughout Colorado and Wyoming. These articles are researched and compiled by your Ready CSU Training Team, a university wide coalition of peers concerned about preparedness, safety, and YOU the readers.

Check with your proctor to see what’s up in readiness here at CSU! Better yet, tell coworkers they can also subscribe to the newsletter at:

https://lists.colostate.edu/cgi-bin/mailman/listinfo/ready_csu_newsletter

This publication is intended to serve YOU, the folks who serve our students: if you have information that may be included here for the benefit of your colleagues, please send it to Bob Chaffee at Talent Development at this email address:

bchaffee@colostate.edu