As we head toward school springtime breaks and more outdoor activities, here are some good reminders to be aware of your surroundings (situational awareness) wherever you and your family may go to enjoy time together. Even a walk around your neighborhood allows the chance to practice your observation skills. Who is that on the neighbor’s porch or looking over their back fence? Why is that person using a coat hanger on a car door? Will that smaller person be able to control the dog who seems to be irritated and is pulling them around? If not, what should I do?

Just things to ponder for your safety. Almost all of these situations will cause no problems for you or anyone else, but… it doesn’t hurt to practice your observation and option evaluation skills!

Have a wonderful spring!

Bob and the Readiness Training Team

A Good Reminder To Be Observant and Know What Situations You Enter, or Chose NOT to Enter

1 stabbed, suspect arrested, in N.M stabbing spree by BMX bike rider

“There doesn’t seem to be any rhyme or reason” behind the attacks, a police spokesman said

By Susan Montoya Bryan, Associated Press

ALBUQUERQUE, N.M. — Police in Albuquerque arrested a man suspected of stabbing 11 people as he rode a bicycle around the city over the weekend, leaving two victims critically injured, authorities said.

The suspect was identified as Tobias Gutierrez, a 42-year-old man with a criminal history that includes federal felony offenses that range from burglary to battery and possession of a controlled substance.
He was booked into jail on charges of aggravated battery with a deadly weapon, police in New Mexico's largest city said in a statement Monday.

The stabbings appeared to have been committed at random within hours along Central Avenue, one of the city's main thoroughfares. One of the crime scenes included a homeless encampment and another was near a smoke shop where the suspect asked a victim for money and yelled obscenities before swinging a knife, according to a criminal complaint.

"There doesn't seem to be any rhyme or reason" to the attacks, said police spokesman Gilbert Gallegos.

There was no immediate information on whether Gutierrez had a lawyer who could speak on his behalf.

Sunday's attacks began around 11:15 a.m., when officers responded to a crime scene downtown and found a man suffering a laceration to his hand. About an hour later, another call came in about the stabbing outside the smoke shop near the University of New Mexico a couple miles away.

Police were called to two more stabbings along Central Avenue over the next two hours before another call came in at 2 p.m. about a man trying to stab customers outside a convenience store. Officers arrived to find two people with neck wounds.

Within the next 20 minutes, two more calls came in — and the final one involved a victim stabbed outside of a restaurant along another busy street less than a mile away.

The witnesses identified a man on a bike armed with a large knife.

According to the criminal complaint, an officer saw a suspect who fit the description and saw him toss something into a trash can before the officer stopped the suspect. A search warrant was issued, and a knife was found.

The victims were taken to different hospitals and while two suffered critical injuries, all of those hospitalized were in stable condition, police said. Some were treated for their injuries and released.

*These excerpts taken from POLICE 1 ENewsletter*
Recreate Responsibly

Larimer County has some of the most beautiful open lands in the entire state. To enjoy these natural resources responsibly, follow these simple tips. This way, you, and those around you can have a memorable and safe experience while minimizing the impacts on our natural resources.

Safety Starts With You

COVID-19 Suggestions

- Feeling sick? Stay home if anyone in your household is sick, such as fever, coughing, or shortness of breath.
- Keep your group small.
- Practice social distancing and don’t congregate at overlooks, rest areas, or trailheads.
- Share the trail: Step aside, do not walk off when passing others to avoid damaging our trails and natural spaces.

Know Before You Go

- Before leaving, check the weather and make sure you are bringing the right equipment for the day. Colorado has variable weather conditions. On hot days, bring enough water, sunscreen, food, and a hat. On colder or stormy days, bring enough layers to stay warm.
- To avoid disappointment at the trailhead, check COTREX for live trail conditions and updates.
- Larimer County webcams also provide a real-time look at parking conditions at popular destinations.

Too Hot to Hike

- When temperatures spike in the summer months, heat injuries are common and serious!
• Avoid the hottest part of the day. Hike early or late.
• Leave your dog at home.
• Stay hydrated. Bring extra water, wear light clothes, a hat, and sunscreen.

Go early/late to avoid crowds and summer heat
• To avoid crowds, parking trouble, and disappointment at the trailhead, try to go to Larimer County open spaces during non-peak hours.
• Head to your destination earlier (before 8 am) or go later in the afternoon (after 4 pm). The middle of the day (10 a.m. to 2 p.m.) is the most common time people are turned away.

Have a backup plan
• When you reach the trailhead, and the parking lot is full, have a backup plan in mind.
• Consider other areas close by that might not be as busy.

Stay on trail
• The vegetation that is along the trails is an important part of the ecosystem.
• Stay on the trail to avoid trampling new growth.
• Walk through the mud - not around it.
• Lightly step off the trail while others pass to avoid widening the trail.

Rattlesnakes Happen
• During the summer months, rattlesnakes are common around Larimer County open lands.
• Be aware and on the lookout for them and give them a lot of space if seen.
• If you share the trail with one, give it a wide berth to move along. Do not throw rocks or sticks at it.
• If a rattlesnake bites you, elevate the wound, slow the heart rate, and call emergency services.
Keep Wildlife Wild

- Encountering wildlife is an exciting experience that many visitors in Larimer County get to have.
- When you come across wildlife in the open spaces of Larimer County, view them from a respectful distance.
- Never try to approach, touch, or feed wildlife.

Dogs

- Whenever you bring your dog along hiking with you, make sure that you are coming prepared with waste bags, plenty of water, and a 6-7 ft leash.
- Check the temperature of the pavement to make sure the ground is not too hot for their feet.
- Bag it, Pack it, Can it! Dispose of dog waste in appropriate trash receptacles at the trailhead. Do not leave alongside to “pick up later.”

Wear it

- Wearing a PFD is one of the best ways to keep yourself and those around you safe while on the water.
- Wear your PFD at all times when you are out on the water.
- Children 12 and under are required to wear their PFD at all times with a penalty of a fine.
- Other boating safety tips courtesy of National Safe Boating Council.

Trail Etiquette

- Know the rules of the trail. Stay on the trail, and always yield to traffic coming down.
- Be courteous of others’ experience. Keep your dog within control and don’t blast music as you hike.

Fishing

- Fishing is a fun, relaxing pastime enjoyed by a number of Larimer County residents.
- Whenever you are out fishing, make sure to dispose of fishing lines in designated areas.
- Loose fishing lines get tangled with wildlife and can cause harm to the ecosystem.

Be Bear Aware
• Bears are common in Northern Colorado. To avoid an encounter, always put scented food into a bear proof container and lock it up.

• If you encounter a bear on the trail, make yourself as large as possible and back away slowly. Never turn and run.

Bring cell phone

• In case of an emergency, to stay up to date on the weather, and check trail conditions, always bring a cell phone with you.

Leave no trace

• It is the responsibility of all visitors of Larimer County open spaces to do their part to keep our spaces litter free.

• Whenever you leave to go to any of the locations in Larimer County, make sure that you take everything that you took in, out and to leave no trace. This way, generations to come will be able to enjoy the beauty of Larimer County!

With thirteen Larimer County recreation areas, we have wonderful opportunities to be out in nature. Take a look at: https://www.larimer.org/naturalresources/recreate-responsibly and in the Fort Collins area, check: https://www.fcgov.com/naturalareas/
Updates from Talent Development

While we are trying to do more ‘face to face’ trainings at the University House, the ever-changing face of COVID requires that we all be flexible. We have several trainings scheduled for spring semester, some at University House and some on-line. We may have to move to on-line trainings because of health regulations and policies. Please be patient and attend classes as you can.

YOUR FEEDBACK IS NEEDED!

So, here’s a chance to impact the process! With the peaks in COVID and Omicron currently, are most of you more interested in training ‘in person’ or remotely on-line? Please let me know soon at bchaffee@colostate.edu and thank you very much!!

We’re also updating ‘the look’ of our readiness trainings, our webpage on the Talent Development website, and the Ready CSU Newsletter with the assistance of a very capable student, Breanna (Bre) Torrez. I think you will enjoy the added useability and professional appearance in all these areas of our training. My personal thanks to Bre and to Diane Fromme for their assistance in the ever-present need to update materials!

As always, we look for articles and feedback from you, the learners, to make our trainings as timely and relevant as they can be to help you at work and at home!

Here’s to a solid training year in readiness issues for us all!

Bob

For more resources visit the Talent Development Website and click on Emergency Readiness Training

training.colostate.edu/emergency-readiness-trainings

or

https://safety.colostate.edu
Ready Colorado State Newsletter is published six times each year – January, March, May, July, September, and November and distributed to subscribers. It includes information from Building Proctors, university staff and faculty, from businesses and professional groups and publications, government sources, and from other campuses throughout Colorado and Wyoming. These articles are put together by your Ready CSU Training Team, a university wide coalition of peers concerned about preparedness, safety, and YOU.

Check with your proctor to see what’s up in readiness here at CSU! Better yet, tell coworkers they can also subscribe to the newsletter at:

https://lists.colostate.edu/cgi-bin/mailman/listinfo/ready_csu_newsletter

This publication is intended to serve YOU, the folks who serve our students: if you have information that may be included here for the benefit of your colleagues, please send it to Bob Chaffee at Talent Development at this email address:

bchaffee@colostate.edu